

市民の皆様へ ～奈良市保健所からのお願い～

- ① 東京・埼玉・千葉・神奈川の1都3県や大阪府など
感染拡大地域への不要不急の往来はできるだけ
控えましょう。



- ② 法事やお通夜なども感染場面となっています。
同居家族以外の親戚など、親しい仲間と言えども、
他人と同様の感染防止策を確実に行いましょう。
特に、飲食の場面は要注意。
感染拡大地域からの参加者には特段の配慮をお願いします。



- ③ 感染リスクが高いと思われる場面の回避
・感染拡大の重要な要素の1つが「飲食を介しての感染」
・食事の際の会話は、飲酒の有無、昼夜・場所に関わらず
感染が生じやすい場面です。



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To all the citizens of Nara ～Request from Nara City Health Center～

① Avoid unnecessary and non-urgent comings and goings to areas where the infection has spread as far as possible, such as Tokyo, Saitama, Chiba, Kanagawa and Osaka prefecture.

② Infections are also occurring in memorial services and funeral wakes.
Take the same infection prevention measures as other people, even if you are close to them, such as relatives other than your family members.
Pay particular attention to eating and drinking situation.

In addition, we ask for special attention from participants from areas where the infection has spread.

③ Avoid situations where seems to be at high risk of infection.
・ One of the important factors in the spread of infection is “infection through eating and drinking”.
・ Conversations during meals are likely to cause infection regardless of whether you are drinking alcohol, day or night, or wherever you are.